

Sun	Mon	Tue	Wed	Thu	Fri	Sat
FAVOR Anderson Center - March 2024						
					1 Dual Diagnosis 1030a (In-Person Gvl & Zoom) All Recovery 12p Zoom All Recovery 12p Zoom Women's All-Recovery 12p AiR Friday Night Wrap at Greenville Center 6p	2 Zoom Recovery 2.0 830a Zoom All Recovery 12p
3 NA Serenity 1030a (In-Person Gvl & Zoom)	4 All Recovery 12p Zoom All Recovery 12p Zoom Collegiate Recovery 1p Family Group Potluck 6p	5 Zoom All Recovery 12p Zoom Women's All-Recovery 12p AiR Yoga at Gvl Center 445p Zoom Recovery 2.0 6p Zoom Al-Anon 7p	6 Zoom All Recovery Speaker Mtg 12p AiR Yoga at Spartanburg Center 130p All Recovery 6p	7 All Recovery 12p Zoom All Recovery 12p Zoom Recovery Dharma 12p	8 Zoom Dual Diagnosis 1030a All Recovery 12p Zoom All Recovery 12p Zoom Women's All-Recovery 12p AiR Friday Night Wrap at Greenville Center 6p	9 Zoom Recovery 2.0 830a Zoom All Recovery 12p AiR Bowling at Boulevard Lanes 1-3p AiR Oconee Center Three Year Celebration 1-4p
10 NA Serenity 1030a (In-Person Gvl & Zoom)	11 All Recovery 12p Zoom All Recovery 12p Zoom Collegiate Recovery 1p Family Group 6p	12 Zoom All Recovery 12p Zoom Women's All-Recovery 12p AiR Yoga at Gvl Center 445p Zoom Recovery 2.0 6p Zoom Al-Anon 7p	13 Zoom All Recovery Speaker Mtg 12p AiR Yoga at Spartanburg Center 130p All Recovery 6p AiR Trivia Night at Spartanburg Center 6-8p	14 All Recovery 12p Zoom All Recovery 12p Zoom Recovery Dharma 12p	15 Zoom Dual Diagnosis 1030a All Recovery 12p Zoom All Recovery 12p Zoom Women's All-Recovery 12p AiR Friday Night Wrap Spring Painting w/Stephanie at Greenville Center 6p	16 Zoom Recovery 2.0 830a Zoom All Recovery 12p AiR Game Night at Oconee Center 4-7p
17 NA Serenity 1030a (In-Person Gvl & Zoom)	18 All Recovery 12p Zoom All Recovery 12p Zoom Collegiate Recovery 1p Family Group 6p	19 Zoom All Recovery 12p Zoom Women's All-Recovery 12p AiR Yoga at Gvl Center 445p Zoom Recovery 2.0 6p Zoom Al-Anon 7p	20 Zoom All Recovery Speaker Mtg 12p AiR Yoga at Spartanburg Center 130p All Recovery 6p Strengthening Communities Workshop at Spartanburg Center and on Zoom 6p	21 All Recovery 12p Zoom All Recovery 12p Zoom Recovery Dharma 12p	22 Zoom Dual Diagnosis 1030a All Recovery 12p Zoom All Recovery 12p Zoom Women's AR 12p AiR Friday Night Wrap Trivia/Potluck at Greenville Center 6p AiR Art Event at Spartanburg Center 6-8p	23 Zoom Recovery 2.0 830a AiR Hike at Sid Falls, meet at Wahalla Arby's 9a, Trail 10a AiR Highway Clean-Up at Berea Middle School Rd 10a Zoom All Recovery 12p
24/31 NA Serenity 1030a (In-Person Gvl & Zoom)	25 All Recovery 12p Zoom All Recovery 12p Zoom Collegiate Recovery 1p Family Group (Open Mtg.) 6p	26 Zoom All Recovery 12p Zoom Women's All-Recovery 12p AiR Yoga at Gvl Center 445p Zoom Recovery 2.0 6p Zoom Al-Anon 7p	27 Zoom All Recovery Speaker Mtg 12p AiR Yoga at Spartanburg Center 130p All Recovery 6p	28 All Recovery 12p Zoom All Recovery 12p Zoom Recovery Dharma 12p	29 <u>OFFICE CLOSED TODAY FOR GOOD FRIDAY HOLIDAY</u> Zoom All Recovery 12p	30 Zoom Recovery 2.0 830a Zoom All Recovery 12p AiR Art Event (w/The Phoenix) 12p

March 2024



Questions? info@favorupstate.org, call (864)909-0269, see our Facebook page <https://www.facebook.com/FAVORUpstate/> or www.favorupstate.org

Zoom Meetings (for All FAVOR Upstate locations):

- **All-Recovery:** Monday through Saturday @ Noon; Women's Meeting Tuesday and Friday @ Noon
- **Dual Diagnosis:** Friday @ 1030a. A support group for people who have a mental health diagnosis & SUD led by MSW Stephanie Warren.
- **Al-Anon:** (12-step based family program/support group, for more info visit al-anon.org): Tuesday @ 7p (closed mtg.)
- **NA:** "Serenity" (Narcotics Anonymous, 12-step support group, visit na.org for more info): Sunday @ 1030a (closed mtg.) (Hybrid)
- **Greenville Tech Collegiate Recovery Group:** Monday @ 1p
- **Recovery 2.0:** Tuesday 6p, Saturday 830a. "Move beyond the frequency of addiction and thrive in Recovery!" <https://r20.com/>
- **Recovery Dharma:** Thursday 12p. (Buddhist-based program/support group, meditation-focused, visit recoverydharma.org for more info)

▪ **Anderson Center Support Groups @ Anderson Building** (401 W Whitner St., Anderson, 29624), ph# (864)909-0269

- **All Recovery:** Monday, Thursday and Friday @ Noon; Wednesday @ 6p
- **Family Group:** Monday @ 6p (held at Central Presbyterian Church, 1401 N. Boulevard. Meeting is held in the Parlor in the Education Building) (2nd Monday of the month potluck, open meeting last Monday of the month)

▪ **Greenville Center Support Groups @ Greenville Building** (355 Woodruff Road, Suite 303, Greenville, 29607), ph# (864)385-7757

- **All Recovery:** Monday through Saturday @ Noon; Tuesday @ 6p; Women's Meeting Friday @ Noon (Hybrid)
- **Family Group:** Monday @ 6p (1st Monday of the month potluck, open meeting last Monday of the month)
- **S.O.S. Group** Tuesday @ 6p. Significant other family support group.
- **The Morning Meeting** Wednesday 930a. Utilizing podcasts to focus on topics related to recovery and wellness.
- **NA:** "Serenity" (Narcotics Anonymous, 12-step support group, visit www.na.org for more info): Sunday @ 1030a (closed mtg.) (Hybrid)
- **ACA:** Sunday @630p (Adult Children of Alcoholics/Dysfunctional Families, 12-step support group, visit <https://adultchildren.org/> for more info)
- **FAVOR Grief Recovery Group:** 1st and 3rd Thursday of the month @ 630p. For those who have lost a loved one to Substance Use Disorder. For info contact Cliff Kirkbride (612)747-2069 or griefsupport@favorupstate.org.
- **Recovery Dharma:** Wednesday @ 630p; On Zoom Thursday 12p. (Buddhist-based program/support group, meditation-focused, visit www.recoverydharma.org for more info)
- **Recovery 2.0:** Thursday 530p. "Move beyond the frequency of addiction and thrive in Recovery!" (<https://r20.com/> for more info)
- **Drug Addicts Anonymous:** Thursday 730p. Solution based 12-step fellowship open to anyone with a desire to stop drinking and/or using drugs. (www.DAAusa.org for more info)
- **Overeaters Anonymous:** Monday @ 7p and Saturday @ 10a www.OA.org

▪ **Spartanburg Center Support Groups @ Spartanburg Building** (1 Real Estate Way, Spartanburg, 29302), ph# (864)308-8159

- **All Recovery:** Monday, Tuesday, Wednesday, and Friday @ Noon; Thursday @ 6p; Women's Meeting Monday @ 6p
- **Family Group:** Tuesday @ 6p (open meeting 1st Tuesday of the month, speaker meeting 3rd Tuesday of the month)
- **Open Family Group:** Thursday @ Noon
- **S.O.S. Group** 2nd & 4th Thursday @ 6p. Significant other family support group.
- **A.C.S. Group** 1st and 3rd Thursday @ 6p. Adult Children Support. For adults who grew up in homes with Substance Use Disorder.
- **NA:** "Just for Today" (Narcotics Anonymous, support group, visit na.org for more info): Saturday @ 5p
- **FAVOR Grief Recovery Group:** Have you lost a loved one to Substance Use Disorder? Group meets the 2nd and 4th Monday of the month at 6p. For information contact Patricia Huckleba-Bolton (864)237-2102.

▪ **Oconee Center Support Groups @ Oconee Center, Seneca Presbyterian Church in the Fellowship Hall** (115 W South 1st St, Seneca, 29678) ph# (864)905-1115

- **All Recovery:** Monday, Wednesday, Thursday, and Friday @ 630p
- **Family Group:** Tuesday @ 630p
- **S.O.S. Group** Thursday @ 630p. Significant other family support group.

Special Activities & AIR (Adventures in Recovery) Events. All are welcome. *Call listed contacts, Greenville Center desk (864)385-7577 or Daily Helpline (864)430-1802 for more info.*

- **Friday Night Wrap** at the Greenville Center every Friday 6p. 3/1 Regular, 3/8 Regular, 3/15 Spring Painting w/Stephanie, 3/22 Trivia/Potluck. For more information on FNW contact Ben at (864)630-3960.
- **Yoga** Tuesdays 445-545p at Greenville Center or Wednesdays 130-230p at Spartanburg Center. Bring a mat and yourself! For more information call Greenville Center (864)985-7757 or Spartanburg Center (864)308-8159.
- **Kickball** at Butler Springs Park with the Sobertooth Tigers. Games held on Wednesdays starting 3/6, time TBD. For more information or to register contact Ben at (864)630-3960.
- **Oconee Center Three Year Celebration** Saturday, March 9 1-4p at Oconee Center. BBQ and potluck desserts. For more details contact Chris at (864)385-5334.
- **Bowling** Saturday, March 9 1-3p at Boulevard Lanes, 4140 Clemson Boulevard, Anderson. For information call Deborah (864)221-6042.
- **Trivia Night** Wednesday, March 13 6-8p at Spartanburg Center Enjoy some free pizza and trivia in a fun sober environment. For more information on this event call (864)308-8159.
- **Game Night** Saturday, March 16 4-7p at Oconee Center. Food, fun, fellowship, and playing games with sober folks. For details Chris at (864)385-5334.
- **Strengthening Communities Workshop** Wednesday, March 20 6p at the Spartanburg Center and on Zoom. Cordelia Kraus on "How to Influence Your Loved One Towards Recovery." Info contact Mike at (864)905-1115.
- **Art Event** Friday, March 22 6-8p at Spartanburg Center. Painting with Tracy and enjoy free pizza. For more information call (864)308-8159.
- **Hike** Saturday, March 23 at Sid Falls, Damascus Church Road, Long Creek, SC 29658. Meet at the Walhalla Arby's at 9a or the trail at 10a. For more details contact Chris at (864)385-5334.
- **Adopt-A-Highway Cleanup** Saturday, March 23 10a at Berea Middle School Road, Greenville. No children under 13, please bring gloves and pick-up sticks. For more info call Vicki at (864)275-4238.
- **Art Event** Saturday, March 30 12p at Greenville Center. "Krafts with Kacey." In conjunction with the Phoenix. For more information Katy (864)386-2891.