

2/10/2023

Websites for Finding Mutual Aid Meetings

Type of Meeting	Description	Website to Find Meetings
SMART Recovery	A science-based approach which emphasizes self-empowerment and self-reliance	https://meetings.smartrecovery.org
Alcoholics Anonymous	A fellowship of people who share their experience, strength, and hope with each other to solve their common problem. Based on 12 steps	https://aa.org/find-aa To find zoom meetings for AA https://aa-intergroup.org/meetings/
Narcotics Anonymous	Offers recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings	https://na.org/meetingsearch To find zoom meetings for NA https://virtual-na.org/meetings/
Recovery Dharma	Uses Buddhist practices and principles to recover from addiction	https://recoverydharma.org/find-a-meeting
Recovery 2.0	Offers progressive, holistic and inspiring approaches to build a meaningful existence in recovery	https://r20.com/free-online-recovery-universal-meetings
Celebrate Recovery	A Biblically balanced approach to help bring sustainable recovery and healing to our hurts	https://locator.crgroups.info
Women for Sobriety	Non-religious recovery support for women using 13 “acceptance statements” aimed at encouraging growth	https://womenforsobriety.org/meetings
SOS Sobriety	A secular alternative to AA	https://sossobriety.org/find-a-meeting

<https://sobernation.com/list-of-12-step-programs>

A great website which has a list of all the 12 step programs available including help for relationships, depression, food, sex, and more. It contains links to help find meetings for each specific fellowship.

Apps for Finding Meetings Online

App	Information
In the Rooms	In The Rooms is a free online recovery tool that offers 130 weekly online meetings for those recovering from addiction and related issues. We embrace multiple pathways to recovery, including all 12 Step, Non-12 Step, Wellness and Mental Health modalities.
Meeting Guide	An app for finding AA meetings
NA Meeting Search	An app for finding NA meetings
Pink Cloud	AA, NA, CMA and Al-Anon meeting guide with helpful recovery tools